



LiveVegan Hi Sheila it's not Randy commenting now to you it's Trish. :)

Nic 99% of us were nonvegan at one time or another. It's important to remember that. It's not helpful to call anyone an idiot. :) It will not bring any nonvegan watching this conversation closer to veganism. It's also important to remember that most people are basically good at heart and want to do the right thing if given proper and clear information. This is what we are trying to achieve here -- consistent, clear, information about veganism. :)

4 hours ago · Like